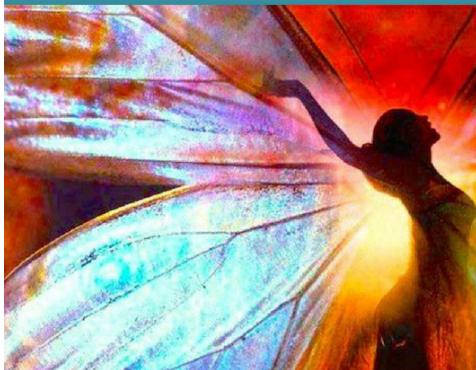


## *Embrace Wellness: Clear Obstacles and...*

An introduction to energy medicine. Learn new and effective ways to tap into and understand your higher wisdom, natural intuition, and energetic body in regards to your own wellness. Set the stage for opening to honest and beneficial insights about what serves you and what does not serve you, and learn tools to clear the blocks and resistance that can often come up in the healing process.

## *Find Your Inner Light*



*Come learn something  
new about yourself*

Saturday from 3-5 PM  
December 1, 2018

## A FUN HEALING WORKSHOP IN LA VETA, CO

Please reserve your spot and pay for the class at the La Veta Yoga Studio ~ If you are coming from out of town call 970-222-8463 to sign up and pay